

GGM Science College celebrates outstanding achievements of NCC (SW) Cadets at National Competitions

STATE TIMES NEWS
JAMMU: GGM Science College is proud to honor the achievements of its five NCC (SW) cadets, who have demonstrated exceptional dedication and talent in various national-level competitions.

These accomplished cadets represented the National Cadet Corps (NCC) at the prestigious Republic Day Camp (RDC) 2025 in New Delhi and showcased remarkable skills, patriotic spirit, and discipline.

The cadets of 2 JK Girls BN from the college participated in key events at RDC 2025, such as the Prime Minister's Rally, Group Singing, and Ballet.

Their performances brought immense pride to the institution and contributed to its growing reputation for excellence in fostering holistic student development.



Faculty members along with cadets during felicitation programme.

Among the many standout performances, Cadet Shika Devi brought home a bronze medal for her exemplary performance in Group Dance and Ballet at RDC 2025.

Cadet Mehul Verma and Cadet Archita Verma represented the college in the prestigious Prime Minister's Rally at the event. Cadet Shavnam Sharma was also recognized for her remarkable participation in the Thal Sainik Camp (TSC) 2024 in New Delhi, where she was honored with a Gold Medal from the

Commanding Officer for her exceptional performance in Table Drill, in addition to receiving the DGNCC Appreciation Award.

Further showcasing the college's commitment to excellence, SUO Prity Manyotra was also acknowledged for representing the college at the Inter Directorate Sports Shooting Competition in Tiruchirappalli, Tamil Nadu.

In an official statement, Prof. (Dr.) Romesh Kumar Gupta, Principal of GGM Science College, expressed immense pride in the cadets' accomplishments. "These cadets have exemplified the values of excellence, discipline, and commitment to national service. Their success is a testament to their hard work, teamwork, and the values instilled through NCC training. We are incredibly proud of their achievements and their dedication to making a difference."

The outstanding achievements of these cadets were made possible under the mentorship of Dr. Shafia Saleem, the Associate NCC Officer (ANO) at GGM Science College. Dr. Saleem's expert guidance and unwavering support were pivotal in preparing the cadets for these prestigious events.

Reflecting on their success, Dr. Shafia Saleem expressed her pride in the cadets' dedication and achievements, particularly highlighting the exceptional performance of the girl cadets.

With these achievements GGM Science College proves to foster an environment of holistic growth, leadership, and national service among its students through the NCC, empowering young women to become responsible, resilient, and future-ready leaders who will make meaningful contributions to society.

Shaheed Manjit Club wins Range Volleyball trophy



Organisers along with winner posing with trophy.

STATE TIMES NEWS
RAJOURI: Shaheed DySP Manjit Singh Memorial Volleyball Club Poonch clinched the title trophy of Rajouri Poonch Range Volleyball Championship which was organised by Jammu and Kashmir Police, here today.

In the final, Shaheed Manjit Club defeated Choudhary Volleyball Club

Rajouri in straight sets 25-18, 25-17, 25-22. Musharrif Khan, Ayaz Ahmad Madni, Mohd Hafiz, Harshit Raina and Bilal played exceptional game thus guided his side to the victory.

In the closing function, DIG Rajouri Poonch Range was the chief guest, who amidst appreciations for the Shaheed Manjit Club Poonch, praised the mentors and

coaches, especially Mohd Tariq for producing a champion team.

The senior police officer asked the youth to get involved in sports actively and shun the path of drug menace and other unhealthy habits. Earlier, local clubs from twin districts of Rajouri and Poonch contested for the top honours in this knockout event.

DYSS holds refresher course at Poonch

STATE TIMES NEWS
POONCH: The 2nd batch of 'Orientation-Cum-Refresher Course' for in service Physical Education staff successfully concluded here. The course was organized by Department of Youth Services and Sports (DYSS) district Poonch at Sports Stadium.

The participants included Physical Education Teachers (PETs), and Rehbar-e-Khel of district Poonch at sports stadium Poonch.

The initiative focused on the disciplines of Fencing, Volleyball, Kho Kho and Yoga to enhance the professional skills and expertise of the participants thus enabling them to effectively train and mentor students.

On the closing day, DPEO Poonch, Mukhtar Menhas



Participants during the camp at Poonch.

was the chief guest, who appreciated the role of DYSS in spreading the sports culture among youngsters at the school level.

Mushtaq Ahmed, incharge manager Sports Stadium Poonch was guest of honour. Others present were Amresh Kumar, ZPEO Kanuyion, Rajinder Singh, ZPEO Mandi and incharges of

GCW Bhagwati Nagar organises documentary screening on India's New Criminal Laws

STATE TIMES NEWS
JAMMU: Government College for Women (GCW), Bhagwati Nagar, successfully hosted a documentary screening aimed at raising awareness about India's newly implemented criminal laws: the Bharatiya Nyaya Sanhita (BNS), the Bharatiya Nagarik Suraksha Sanhita (BNSS), and the Bharatiya Sakshya Adhinyam (BSA).

The event witnessed enthusiastic participation from students across all semesters, reflecting their keen interest in understanding the evolving legal landscape and its societal impact.

The initiative was held



A section of dignitaries during the programme.

under the esteemed patronage of Principal Prof. (Dr.) Meeru Ahrol, who underscored the importance of legal literacy among young individuals.

In her address, she stated, "Understanding the laws that govern us is crucial for building an informed and responsible society. This initiative is a step toward empowering our students with knowledge that will help them become more aware and accountable citizens."

The Department of

Sociology, the Department of Economics, and the Physical Training Instructor (PTI) unit meticulously coordinated the session, ensuring an engaging and informative experience for all attendees.

The event was spearheaded by Dr. Ashwinder Kour (Department of Sociology), Prof. Goyal Giri (PTI), and Prof. Neeraj Sharma (Department of Economics), whose collective efforts contributed to the program's success.

The documentary provided an in-depth exploration of the newly enacted criminal laws, shedding light on their significance and implications for the justice system.

Following the screening, an interactive discussion session was held, where students actively engaged with faculty members, posing insightful questions and sharing their perspectives on the legal changes.

The program not only enhanced students' understanding of contemporary legal reforms but also encouraged critical thinking and civic responsibility.

The college remains steadfast in its commitment to organizing similar educational initiatives in the future, fostering a culture of legal awareness, social responsibility, and informed citizenship among its students.

2nd Snow Sky Championship held at Sonmarg

STATE TIMES NEWS
SONMARG: The J&K Skyrunning Association conducted the 2nd Sky Snow Championship at Nilgrath Sonmarg, which was a high-altitude running event on snow.

This championship saw the participation of 46 athletes from across J&K, who covered a total distance of 11 Km, including both upward and downward runs over snow-laden mountains.

The championship was a significant event, with athletes competing in a challenging terrain. The total distance covered by the athletes was 11 Km, which included both upward and downward runs over mountains laden with snow.

The event was organized by the J&K Skyrunning association,



Organisers along with players during the event.

which is a constituent of the valley's revered athlete group, Foreshore Athletes.

The top three positions in the championship were bagged by Arif Narwari, Soleh Mustaqeem, and Ashiq Haji. These athletes demonstrated exceptional endurance and skill in completing the challenging

The J&K Skyrunning association has conducted two national Skyrunning Championships in the past, and the distinguished position holders were invited to participate in international events as well. The association is affiliated with the International Skyrunning Federation via the Skyrunning Association of India.

The 2nd Sky Snow Championship was a successful event that saw the participation of 46 athletes from across J&K. The event was a significant milestone in the world of skyrunning, and the association's affiliation with the International Skyrunning Federation via the Skyrunning Association of India is a testament to its credibility.

Maha Shivratri festival celebrated at Humanity Public School

STATE TIMES NEWS
SAMBHA: To feel the verve of Maha Shivratri festival, a special assembly was organised by the students and staff of Humanity Public School, Bari Brahmana Sambha.

The celebration began with the Arti of Lord Shiva by the Principal, Gaurav Charak, Vice-Principal, Anku Charak, Administrative Officer, Ravinder Sadhu along with the incharges of different wings - Akashdeep Raina (Academic Incharge), Prasad Singh (Hr. Sec. Incharge), Namrta Sharma (High Wing Incharge), Vandana Sharma (Primary Wing Incharge), Aparna Billowria (Pre-Primary Incharge), Er. Varinder Kumar (IT Incharge), and Mahan Singh (Sports Incharge).



Two Little children's Aadhya and Anaya of U.K.G class came dressed in the custom of Lord Shiva and Maa Parvati. Vivek, a student of class 9th gave a speech on Maha Shivratri.

A speech highlighting the importance of Lord Shiva was delivered by Nisha Dogra, teacher of Pre-Primary Wing. Gurtaj and Priyanshi of class 3rd and Manvi and Varsha from class 8th recited

rhymes on Maha Shivratri.

The celebration continued with a beautiful bhajan on Lord Shiva presented by the students of class 5th and 6th under the guidance of Music teacher; Rajan Kumar and Kumar Abhilash.

After beautiful bhajan, the students of class 8th presented a mesmerising dance on the hymns of Lord Shiva under the guidance of dance

teacher, Taruna Mehra.

The programme was hosted by the Navya and Vasundra, students of class 8th.

Principal, Gaurav Charak told that Mahashivratri is not only a festival but also a symbol of unwavering faith in religion in every countryman. Vice Principal, Anku Charak wished happy Maha Shivratri to all the staff and the students.

MBS College organises Blood Donation Camp



Organisers during the camp at Jammu.

STATE TIMES NEWS
JAMMU: Mahant Bachittar Singh (MBS) College of Engineering & Technology, Jammu in collaboration with SMGS Hospital Jammu and J&K Thalassemia Welfare Society and Saksham Bharti Foundation sponsored by LG Electronics organized a blood donation camp at MBSCET, Jammu. Dr. Rubina Kausar (BTO), Blood Bank, SMGS Hospital and her dedicated team of medical professionals carried out the proceedings of blood donation camp.

Er. Sudhir Sethi, President J&K Thalassemia Welfare Society and his team played a vital role in making this event a success.

Prof. (Dr.) Dinesh Kumar Gupta, Principal exhorted the participants to inculcate human values who also donated blood.

Dr. Amrik Singh, Vice-Principal and Prof. Parveen Singh, Dean Academics and convener of the event also donated the blood.

H.S Gill, Director Students Welfare made the necessary arrangements for the smooth conduct of the blood donation camp.

Ripu Daman Singh (Asst. Professor) head NSS unit and Satish Kumar Sharma (Assistant Professor) Nodal officer Red Ribbon Club also made contribution in making this event a great success.

More than 64 units of blood were donated by the staff and the students for the noble cause.

This initiative has been taken to raise awareness among the students and staffs of the college to encourage community participation in saving precious lives.

Varun Bali qualifies Ph.D

STATE TIMES NEWS
KATRA: Varun Bali, son of Rakesh Kumar and Chanchal Sharma, a Research Scholar at Shri Mata Vaishno Devi University (SMVDU), has been declared qualified for the award of the Doctor of Philosophy (Ph.D.) degree in Physics.

He pursued his research on the topic "Morphological, Thermal, and Spectroscopic Studies of Some Biological Samples" under the supervision of Dr. Vivek Kumar



Singh, Associate Professor, Department of Physics, Lucknow University, and co-supervision of Prof. Yugal Khajuria, Professor, School of Physics, SMVDU. During his Ph.D., Varun published his research work in highly reputed SCIE-indexed international journals and presented his papers at numerous national and international conferences.

Professor (Dr.) Pragati Kumar, Vice-Chancellor of SMVDU, Dr. S. K. Wanchoo, Dean, Faculty of Sciences, Dr. Ram Prakash, Head, School of Physics, and other committee members congratulated him on his achievement.

Expressing his gratitude,

Varun Bali thanked the Vice-Chancellor of SMVDU for providing the necessary facilities and support.

He also extended his appreciation to the faculty and staff of the School of Physics, as well as the university administration, for their guidance, cooperation, and assistance throughout his research journey.

The entire SMVDU fraternity extends its heartfelt congratulations to Varun Bali and wishes him success in his future academic and professional endeavors.

7 KCPS students selected for Junior National Netball Championship 2025

STATE TIMES NEWS
JAMMU: The J&K Netball Association recently conducted trials to select a contingent of 20 boys and girls to represent the UT of J&K at the National Junior Netball Championship 2025 scheduled to be held at Bhiwani, Haryana, from February 26 to March 3.

Hundreds of gifted Netball players from all the districts of J&K appeared in the selection trials and put their best foot forward in an effort to find a place for themselves in this presti-



AK Mishra, Principal of KCPS along with selected students.

gious national sporting event.

ADGP Armed stresses for enhancing operational capabilities of police personnel



Anand Jain, ADG Armed Police interacting with trainees.

STATE TIMES NEWS
JAMMU: Anand Jain, Additional Director General, Armed Police, on Tuesday visited the Commando Training Centre (CTC) in Sunjan, Jammu, and inaugurated the two weeks Quick Reaction team Training Course.

The course is designed to enhance the operational capabilities of police personnel & also improve their tactical skills.

On his arrival, the ADGP was presented Guard of Honour by a contingent of CTC Sunjan, Sarah Rizvi, DIG IRP Range Jammu and Vinod Kumar, DIG, Armed Range Jammu were also accompanying the ADGP.

The ADGP Armed inspected the facilities provided to the trainees in the training centre.

During his address, the ADGP Armed emphasized the significance of these Refresher/Specialized courses and their crucial role in preparing the police personnel in tackling emerging situations and future challenges.

The ADGP also stressed upon the trainees to fully utilize this opportunity to sharpen their skills and enhance their tactical knowledge.

Among others the officers who were present on the occasion include Abrar Choudhary, SSP, Commandant, IRP 14th Bn. & other officers.